



## Spark MEDICINE GARDEN Activity “Plant Scavenger Hunt” Activity 4.0

**Grades:** 3-6

**Timing:** 30 mins

**INTENTIONS:** to learn from the plants you can find around you, identify them through colours and characteristics in a non-invasive way (not picking or harvesting or disturbing the plants). This is a way to begin a relationship with these plant Ancestors.

**PROTOCOLS:** You will be learning from the Plant Ancestors, they are gifting you knowledges. For this, you should gift them something back. Before you begin the activity, together, think about something you can do to thanks/give back to the plants for their knowledge. (eg. Tobacco, small piece of food, splash of water, words of gratitude ...)

### **ACTIVITY:**

Venture to the Spark pond where there are a lot of Plant Ancestors thriving alongside Animal and Insect friends. You will be looking for different plants based on pictures, colours, and characteristics.

1. Hand out Worksheets 4.1-4.4

- there are 4 different plants to “find” (suggestion, do not give everyone all the worksheets, maybe only 1-2 each, so they can spend time with the plant)
- students can work alone or in pairs (depending on age).

2. Look for the plants in the worksheet but remember do NOT disturb them.

3. When you find the plant ancestor, use your senses to learn more about the plant.

**SEE:** what do you see around the plant?

- insects, other plants, grasses ect..

**HEAR:** what do you hear around the plant?

- insects, human-created sounds, wind/water...

**SMELL:** what do you smell around the plant?

- you can smell the plant, what does it smell like, who do you think likes that smell?
- other smells?

**TOUCH:** *gently* touch the plant

- what do the leaves, stems, flowers feel like?

**FEEL:** sit by the plant (not to disturb anything around you)

- connect with the plants
- what do you *feel* in the seven directions  
(4 cardinal directions, above you, below you, in your heart)



4. Get together with another group/person that found the same plant as you, share answers.
  - who are their friends? Insects, plants, animals...
  - are there similarities between groups on what you learned about the plant?
  
5. All together follow up:
  - what did you FEEL when you spent time with the plant?
  - have you seen these plants before?